



WHAT'S YOUR STYLE

Get in pairs and interview each other. Add up your scores.

Look on the next page to find out what kind of learner you are. Keep this in your portfolio.

Do it again at the end of the year. Is your style the same, or have you changed?

Part I

Step 1 Read each statement aloud. Circle the number your partner says best describes him/her.		Almost Never	Not Often	Usually	Almost Always
1.	When I have to remember something, I try to picture it in my mind.	①	②	③	④
2.	I say new words to myself out loud to learn them.	①	②	③	④
3.	I always know where things are even when people think my desk is messy.	①	②	③	④
4.	It is easier for me to understand something when I see a picture or words written down.	①	②	③	④
5.	When I study, I need to take a lot of breaks.	①	②	③	④
6.	I like listening to stories better than reading them.	①	②	③	④
7.	I would rather have someone tell me directions than read them.	①	②	③	④
8.	Writing things over and over helps me remember them.	①	②	③	④
9.	I can usually add numbers I hear in my head without writing them down.	①	②	③	④
10.	Saying things out-loud helps me remember them.	①	②	③	④
11.	Pictures, graphs and charts help me learn better.	①	②	③	④
12.	I study better when I am standing or walking around.	①	②	③	④
13.	When I think of a good idea, I have to write it down or I will forget it.	①	②	③	④
14.	I like to read the ending before reading the whole book.	①	②	③	④
15.	I prefer doing projects, like making posters, to writing.	①	②	③	④
16.	I don't like music or noise when I am studying.	①	②	③	④
17.	I prefer to read out loud than to read silently.	①	②	③	④
18.	I remember things I read or see better than things I hear.	①	②	③	④

Step 2 Write in your partner's answer (4, 3, 2, or 1) on the line next to each statement number below.

Step 3 Add the total for each column and circle their highest score.

Column 1

1. _____
4. _____
11. _____
13. _____
16. _____
18. _____

Total: _____

Column 2

2. _____
6. _____
7. _____
9. _____
10. _____
17. _____

Total: _____

Column 3

3. _____
5. _____
8. _____
12. _____
14. _____
15. _____

Total: _____

What's Your Style *(continued)*

Part 2

Use the totals from the previous page to see what kind of learner you are. Try out the study tips. Do they help you study better?

Was Column 1 your highest total? You learn best by seeing and reading.

You like to use pictures, charts, graphs, shapes, and colors to organize and understand information. You can easily picture things in your mind. You may be good at directions, especially if you have seen a map or have been to a place before. You like to scribble or doodle. Taking notes helps you focus and remember information. It is important for you to see facial expressions when someone is talking, so you often like to talk face-to-face and sit in the front row of class.

Study Tips 1

- Find a neat and clean place to study
- Skim your notes before going to class
- Always take notes when the teacher is talking
- Use charts and pictures to help remember information
- Use study cards to review information
- Look at people when they talk
- Use highlighters in your notes or underline

Was Column 2 your highest total? You learn best by listening.

You remember information better when you hear it than when you read or see it. You like to talk out ideas and listen to what people say. You can pick up on "hidden" messages in conversations by listening to how people use tone and stress. You enjoy hearing books read aloud, and you might sometimes read aloud to yourself. People may tell you that you speak well. You may have some musical talent and find learning another language to be rather easy.

Study Tips 2

- Find a quiet place to study
- Read and say things out loud so you can hear them (if you are studying in the library, try to hear words in your head)
- Find someone to talk to about what you are studying
- Talk yourself through math problems
- Make a tape of yourself reading and play it back to yourself

Was Column 3 your highest total? You learn best by doing.

You learn best hands-on. You like to move, build, and explore. You probably find it hard to sit still for long periods of time. In class, you may wiggle, tap your feet, or move your legs. Moving helps you concentrate. You may be good at fixing things and working with tools. You may also be a strong performer in dance, drama, or sports.

Study Tips 3

- Make study cards and group them to help you remember information
- When reading, look at the summary and pictures first
- If you need to move while you are studying, try squeezing a tennis ball or something that doesn't make noise
- Write your notes again to help you learn information
- When studying at home, walk around while you are trying to memorize information
- Set study/homework goals for yourself and take a short break when you have achieved your goal