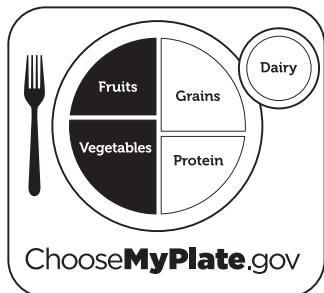


WHAT'S ON YOUR PLATE?

Go! Fill in the plate with a meal you ate. Make sure to put the food items in the right sections of the plate.



*This concept is from ChooseMyPlate.gov.
For more information please visit
www.choosemyplate.gov*