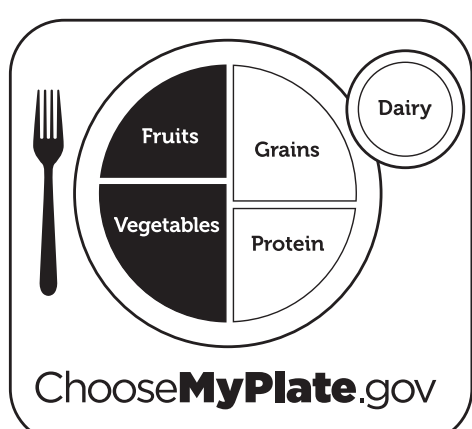
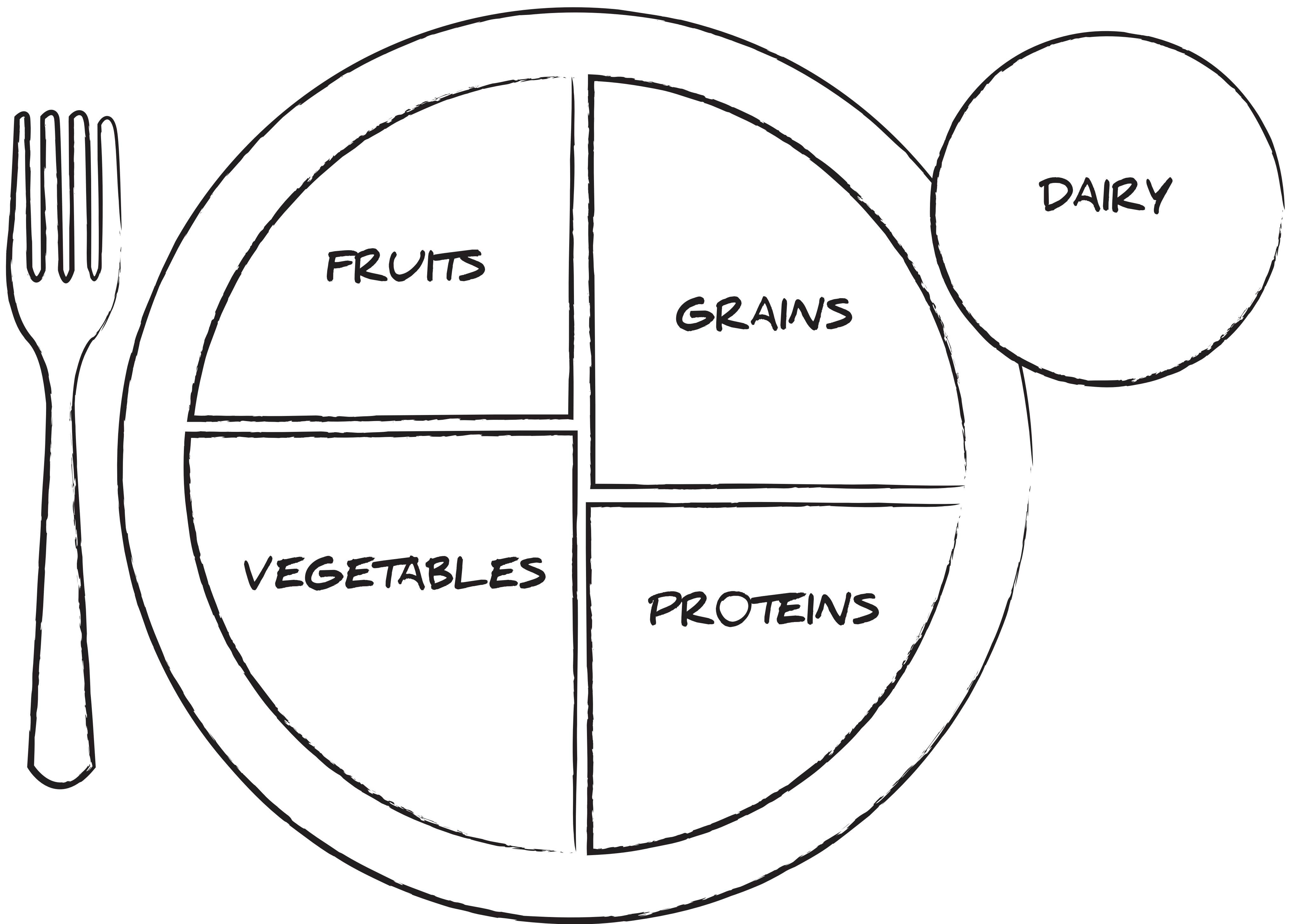


# WHAT'S ON YOUR PLATE?

Go! Fill in the plate with a meal you ate. Make sure to put the food items in the right sections of the plate.



This concept is from ChooseMyPlate.gov.  
For more information please visit [www.choosemyplate.gov](http://www.choosemyplate.gov)